

*Self-Love*  
**COUPON**

REDEEM FOR

*Massage*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Extra Time in the Shower*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Eat a Healthy Meal*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Buy myself a gift  
Budget: \$\_\_\_\_\_*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Go out by myself  
(movie, meal, etc.)*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Act of Self-Care  
Act: \_\_\_\_\_*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*Work Out by Myself*

EXPIRES  
\_ / \_ / \_

*Self-Love*  
**COUPON**

REDEEM FOR

*At home date  
Activity: \_\_\_\_\_*

EXPIRES  
\_ / \_ / \_